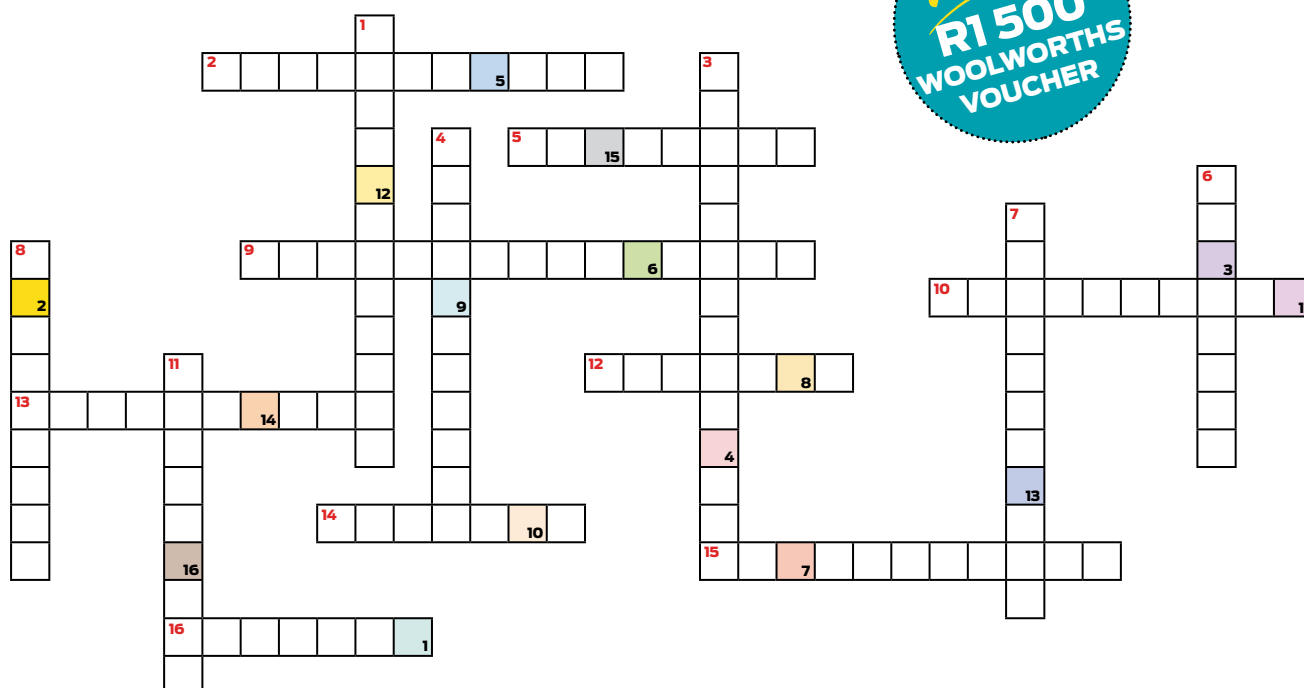
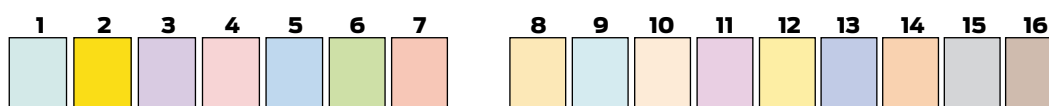


CROSSWORD #46



TO ENTER

Use the letters in the highlighted blocks to find the final answer for this month's crossword puzzle. **Email the answer with your name, surname, and cell phone number to PharmacyMagazine@newmedia.co.za.** Competition closes 20 November 2022. Winners will be contacted directly. Visit www.medicalacademic.co.za for full terms and conditions.



ACROSS

- 2.** Cystic fibrosis patients who supplement their diet with vitamin C can also derive greater benefit from another _____, vitamin E. (PAGE 10 & 11)
- 5.** The morning-after pill is said to be 90% effective in reducing the chance of an _____ pregnancy if taken within 24 hours. (PAGE 25)
- 9.** New evidence on the benefits of calcium _____ suggest that people should pay more attention to their bone health at a young age. (PAGE 7)
- 10.** Osteoarthritis aches and pain can affect patients' daily lives making joint _____ important. (PAGE 19)
- 12.** _____ exercises are recommended for those who are at high risk for falls. (PAGE 21)
- 13.** A supplement that promotes energy, well-being, immune defence, and mental vitality. (PAGE 16)
- 14.** Vitamins, minerals, and amino acids have a critical role to play in facing that end of year _____. (PAGE 17)
- 15.** Strokes can be caused by clots or ruptured blood vessels – and in some cases, like _____ strokes, the cause remains a mystery. (PAGE 23)

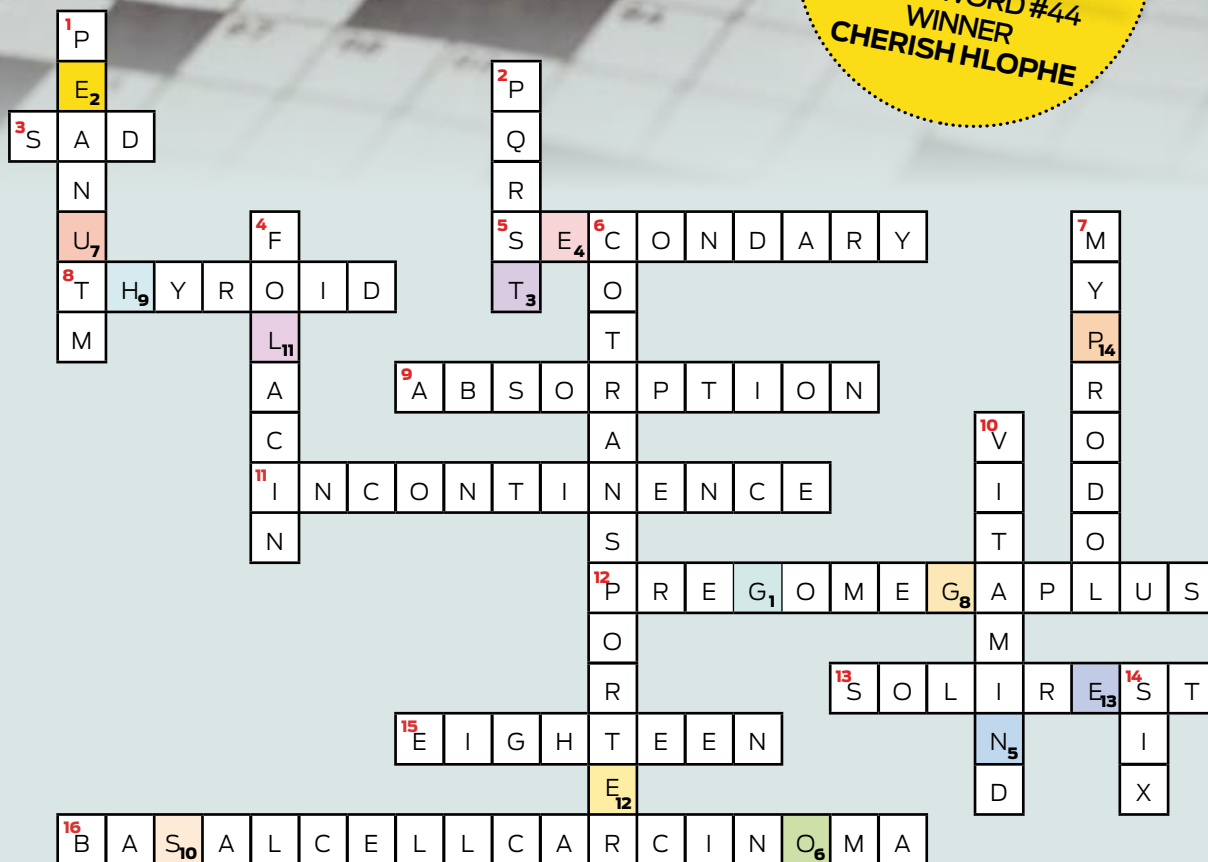
- 16.** IBS is a functional bowel illness marked by recurring _____ pain coupled with a change in bowel habits. (PAGE 27 & 29)

DOWN

- 1.** Progest offers support to a range of digestive issues including _____, heartburn, colic, cramps, nausea, and abdominal pain. (PAGE 26)
- 3.** Patanol provides rapid onset _____ action. (PAGE 30)
- 4.** Mena-Cal7 contains vitamin K² which activates _____ and helps with calcium absorption. (PAGE 6)
- 6.** Beauty businesses have started shifting towards a more _____ approach to their products. (PAGE 13)
- 7.** _____ is indicated for the treatment of the signs and symptoms of allergic conjunctivitis. (PAGE 31)
- 8.** Bacteria push themselves forward by coiling long, threadlike appendages into _____ shapes that act as makeshift propellers. (PAGE 9)
- 11.** Chela-Fer contributes to the reduction of _____ and fatigue. (PAGE 14 & 15)

Congratulations
 CROSSWORD #43
 WINNER
MARGARET MODIBA
 CROSSWORD #44
 WINNER
CHERISH HLOPHE

ANSWERS: CROSSWORD #45



1 G 2 E 3 T

4 E 5 N 6 O 7 U 8 G 9 H

10 S 11 L 12 E 13 E 14 P

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