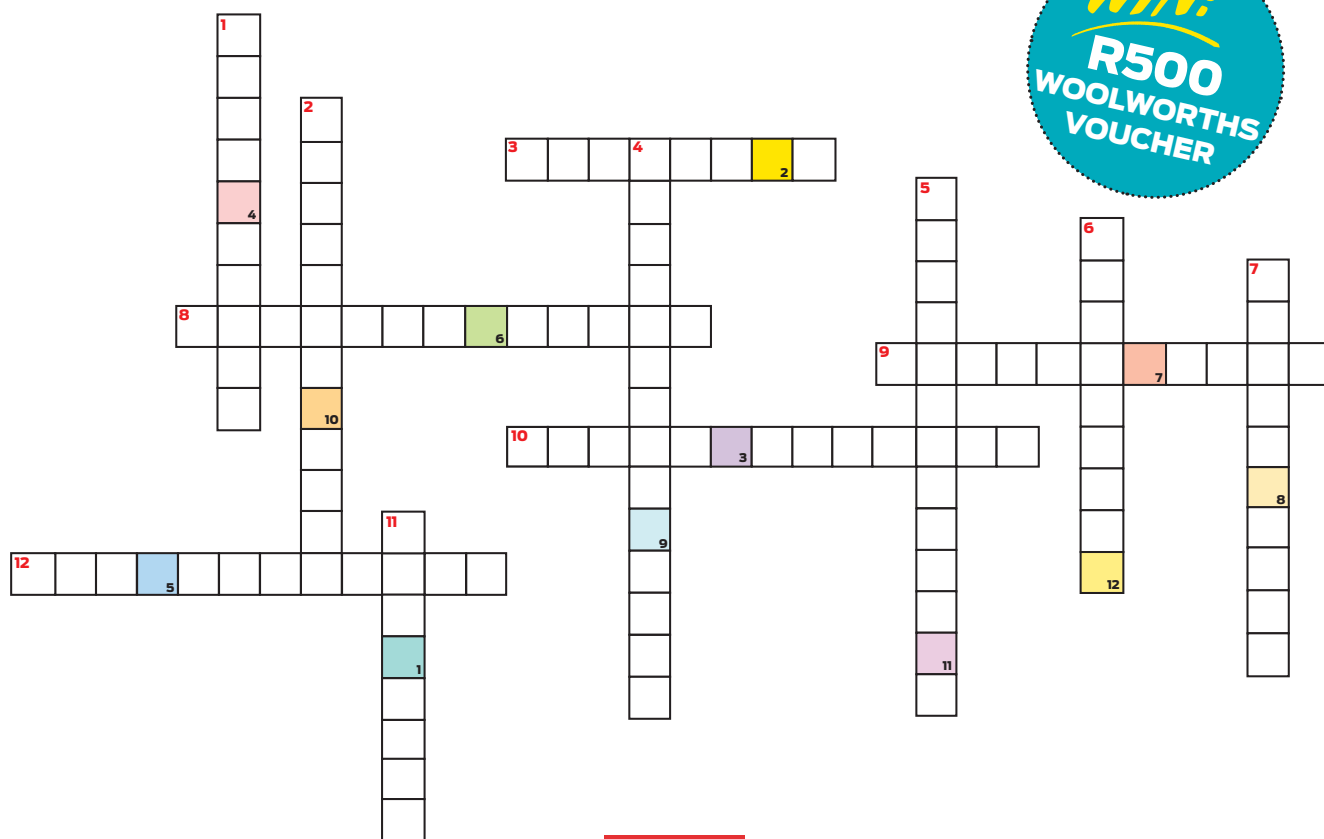


CROSSWORD #37



TO ENTER

Use the letters in the highlighted blocks to find the final answer for this month's crossword puzzle. **Email the answer with your name, surname, and cellphone number to PharmacyMagazine@newmedia.co.za.** Competition closes 20 February 2022.

Winners will be contacted directly. Visit www.medicalacademic.co.za for full terms and conditions.



ACROSS

- 3.** Vitamins are essential for bodily functions such as helping to fight infection, aid wound healing, make bones strong, and regulate _____. (PAGE 23)
- 8.** Emergency _____ can be used if a woman has had unprotected sex or if a form of contraception has failed. (PAGE 29-33)
- 9.** A pregnancy in older women is often associated with an increased number of complications such as _____, high blood pressure, and diabetes. (PAGE 29-33)
- 10.** Men should devote 150 minutes each week (total) to aerobic activity and muscle _____. (PAGE 19 & 21)
- 12.** More research is needed to identify the actual mechanism of action, administration pathways, safe dosages, its effects on different types of cancer, and any potential adverse side effects when using _____. (PAGE 6)

DOWN

- 1.** _____ can be found in the bloodstream up to seven days after a single application. (PAGE 11)
- 2.** The Delical Clinical Nutrition range can be used for the dietary management of patients with, or at risk of, _____. (PAGE 2)
- 4.** The physical and emotional toll psoriasis takes is only made worse by the social stigma, _____, and rejection faced daily. (PAGE 26)
- 5.** _____ (both male and female) is the most commonly used method for couples in their 40s. (PAGE 29-33)
- 6.** Blistex Ultra-Rich _____ is the dual-layer balm with two advanced formulas developed to work together for healthier, conditioned lips. (PAGE 13)
- 7.** A healthy diet emphasises fruits, _____, whole grains, and fat-free or low-fat dairy foods. (PAGE 19 & 21)
- 11.** Skin health depends on the delicate balance between the body's cells and the _____ that live on its surface. (PAGE 15)

CROSSWORD ANSWERS

ANSWERS: CROSSWORD #36



CROSSWORD #35
WINNER
Congratulations
CAROL BAYES

ANSWER: 1 H 2 O 3 L 4 I 5 D 6 A 7 Y

8 M 9 A 10 D 11 N 12 E 13 S 14 S



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